Student Stacks

Office of Student Financial Literacy

September Savings

Snag your discount now! Student discounts are a great way to reduce your monthly costs. Call current providers and ask to see if you qualify today.

Here is where students are saying they get a discount:

YNAB- student budgeting free for first year
Xfinity
Apple education discounts
Amazon Prime
Hulu/Spotify/Peacock/Paramount+/YouTube Premium/Apple Music

What's going on with SAVE?

In July, a federal court issued a stay preventing ED from operating the SAVE loan repayment plan. For now, you cannot utilize SAVE as a repayment option. (Studentaid.gov)

Stay in the know with OSFL.

Save on Groceries

According to the USDA, grocery prices have risen by 5.3% in the past year.

Try these tips to reduce your grocery spending.

- Set a weekly grocery budget. Student Aid - allocates $411 per month. That's about $100 per week.

- Shop your pantry and the weekly sales to create a meal plan.

- Reduce food waste by freezing leftovers or half-used items for future use.

Share your weekly meal plan for a chance to win! Email financialliteracy@musc.edu by 9/30 to enter.

Share to Enter

Once upon a time...

I used to go grocery shopping for my mom. She would make a list that I would pick up, do the shopping, and come back with groceries.
Well one day I did this, but it was all junk food on her list. I came back and asked her, "Mom, were you hungry when you made this list?" She looked at me with big eyes and told me, "Yeah!"

Please let this story serve as a lesson to always eat before going shopping and even before writing your grocery list!

-Mallory George, Financial Success Mentor

Try This!

Next time you shop online or in the store:

- Jot down or use your phone calculator to add the cost of your items as you shop

- Round up so you won't be surprised when you get to the check out

Book a 1:1

Individual support is available. Make an appointment today with the Office of Student Financial Literacy.

UPCOMING EVENTS!

MEET & GREET

Student Activities Fair Sept 12/11:30-1/ Horseshoe Portico

Lunch & Learn

Best Savings Practices Sept 25/Noon/BS302

JOIN US

Learn more.

http://

Visit the **Office of Student Financial Literacy Website**